

## How much does a Pap test cost?

### For women with insurance:

- ✓ The Pap test is covered by most insurances including Medicaid.
- ✓ Medicare will cover the Pap:
  - Every 2 years if the results are normal
  - More often if the results are not normal.

### For women without insurance:

- ✓ If you are on the sliding fee scale at CS-HHC, the cost of the visit will be based on your income.
- ✓ The laboratory cost may even be FREE based on your income.

### It is very important to have a yearly GYN exam.

This exam will include tests that can help identify signs of diseases or infections early so they can be treated. Some of these tests may cost very little to you and are worth getting checked out!

## Ask Your Healthcare Provider:

- ✓ How often do I need a Pap test?
- ✓ How can I protect myself from infections?

*Make your appointment today!*

### Important Reminder:

**Pap test results will be more accurate if:**

- ✓ You do not have your period.
- ✓ Have not had intercourse for 2 days.
- ✓ Have not used vaginal creams for 2 days.

### Your yearly GYN exam (and Pap test) has been scheduled with:

- Tom McNamee, MD
- Salma Mody, CNM
- Carol Kandall, MD
- Heidi Biegel, CNM
- Mary McNeel, PA
- \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location:

- 428 Columbus Avenue, New Haven
- 911 State Street, New Haven
- 285 Main Street, West Haven
- \_\_\_\_\_

# YEARLY GYN EXAM & PAP TEST



**Is it time to visit the OB/GYN office for an exam and PAP test?**



### OB/GYN Services

428 Columbus Ave  
New Haven, CT  
(203) 503-3094

285 Main St.  
West Haven, CT  
(203) 503-3400

911 State St.  
New Haven, CT  
(203) 503-3530

## What happens during a yearly GYN exam?

**At your yearly GYN exam there is much to do!**

### Health History

- ✓ Update your health history
- ✓ Prescription refills for birth control or others as needed
- ✓ Suggestions for good health

### Physical Exam

- ✓ Breast exam
- ✓ Pelvic exam

### Tests

- ✓ Pap test (test for cervical cancer)
- ✓ Test for vaginal infections and STIs (infections from sexual intercourse)
- ✓ Other tests may need to be done
- ✓ Your healthcare provider might send you to another provider for a mammography or bone density test

## Why is a Pap test important?

**A Pap test is important to:**

- ✓ Discover changes in the cervical cells (mild - moderate - severe) which may precede cancer.
- ✓ Possibly find HPV (Human Papiloma Virus) which is the virus linked with cervical cancer. This test is done only if the pap is not normal if you are under 30, and for all women 30 and over.

**A Pap test is needed to check for signs of cervical cancer.**



**Cervical changes that are found early can be treated BEFORE they become cancer.**

## Do YOU need a Pap test?

Some women may not need a Pap, **but they still need an exam.** Talk to your healthcare provider.

**Your provider will make a decision using the following information:**

- ✓ Your age
- ✓ The age when you first had sex
- ✓ The number of sexual partners you have had
- ✓ If you had your uterus removed (a hysterectomy) and the reason
- ✓ Your Pap test results from the past

## What if the results are not normal?

**If your Pap is not normal:**

- ✓ The staff will contact you to tell you what to do next.
- ✓ Possibly, redo the Pap in 6-12 months (for small changes)
- ✓ A colposcopy might be suggested. This means your provider will check the cells with a special microscope while you are in the office. Ask your provider for more information.