



Youth Group

For young adults, male and female, ages 18-25

Learn more about **Health** and **Wellness** including **stress reduction** and **communication skills**.

Group topics are designed with group participants based on their feedback. Join in and share, or just listen.

Wednesdays, 3:00 pm – 3:50 pm
Starting November 9th

Cornell Scott-Hill Health Center
Adult Psychiatric Clinic
400 Columbus Ave., New Haven, CT
(In the Large Group Room)

Call 203-503-3075



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www.HillHealthCenter.com •   