



*Are you
dealing with*
Depression?

**Group meets on Tuesdays from 11 am – 12 pm
Beginning Tuesday, October 4th, 2011**



Cornell Scott-Hill Health Center
Adult Psychiatric Clinic
400 Columbus Avenue, New Haven, CT 06519

**For more information,
contact a group leader:**

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Hill Health
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www.HillHealthCenter.com •   

- Are you sad all the time?
- Do you have no energy anymore?
- Do you no longer enjoy the things that you used to enjoy?
- Are you feeling lost or hopeless?

Then this group is for you!

Join us as we work on building the skills to cope with being depressed and learn how to find a way out of depression to a better life.