

# Coping Cat Group

For Children  
Ages 8 – 11



A group that teaches children **cop**ing skills  
and ways to **man**age anxiety

## Location:

Cornell Scott-Hill Health Center  
Child and Family Guidance  
428 Columbus Ave., New Haven, CT

## Contact:

Dr. Myriel Rodriguez, Ph.D.  
Child and Family Guidance Clinician  
(203) 503-3673

Children will learn to  
recognize signs of anxiety.

Children will learn anxiety  
management strategies.

Coping skills training and  
education will be provided.



Cornell Scott  
Hill Health  
Center

[www.HillHealthCenter.com](http://www.HillHealthCenter.com)