

Are you struggling with the death of a loved one? **Bereavement Support Group**

Those who have experienced the death of a loved one are invited to join this 8-week support group

This group will provide a trusting and nurturing environment for participants to:

- Explore their reactions to loss
- Learn about the grieving process
- Develop strategies for coping
- Begin to integrate this change into their lives in order to move forward

**Group will meet at the
Cornell Scott-Hill Health Center
Adult Psychiatric Clinic**

**Tuesdays
from 2:00–3:00 pm
beginning January 31st**

**Contact a group leader if you are
interested in participating:**

Jason Black, LMFT: 203-503-3293
Kelley Smith, MSW: 203-503-3328



**Cornell Scott
Hill Health
Center**

www.HillHealthCenter.com •   