

# Art Therapy & Coping Skills

Utilizing art therapy techniques and interventions to identify positive coping skills



## WHEN:

### **7 - 10 Age Group:**

First group will meet Friday, September 30th  
Group will then run Wednesdays for 10 weeks  
beginning October 5th from 4 p.m. – 5 p.m.

## WHERE:

Cornell Scott-Hill Health Center  
Child and Family Guidance Clinic  
400-428 Columbus Avenue, New Haven, CT 06519

## CONTACT:

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**An 8 week group for  
boys and girls ages  
7 – 10**

**The group will  
focus on:**



Learning to identify  
stressors and triggers



Using art as a  
coping skill



Cornell Scott  
Hill Health  
Center