

ADHD and Sports

*Teaching
Children Self
Control Through
Sports*

Boys and Girls ages 8 – 14 are invited to join us at
Truman School • 114 Truman Street, New Haven
Wednesdays from 4:00 – 6:00 pm

Active learning through group activities and soccer

Develop responsible behaviors and self-respect • Develop appropriate social skills
Improve communication skills • Decrease defensiveness • Improve self-esteem
Improve coping skills • Improve problem solving • Improve insight • Learn impulse control
Learn anger management • And eliminate the potential for violence!



Cornell Scott
Hill Health
Center

www.HillHealthCenter.com •   



Contact Augusta Colodette, CS-HHC Child & Family Guidance Clinician: (203) 503-3055