

**FREE FOOD**

**FREE  
HEALTH  
SCREENINGS**

**FREE CPR  
HOME KITS**

**For all staff and the community**



## **November is National Diabetes Awareness Month**

Join the **Department of Health Promotion** on  
**Wednesday, November 10** at the **Wilson Public Library**  
(303 Washington Avenue) from **4 – 7 p.m.**

**A family history of diabetes**  
may put you **at risk** for  
developing **type 2 diabetes**.

Join us this November to learn  
about **your risk factors** and  
ways to take action to prevent  
or slow the onset of diabetes.



Department of Health Promotion  
428 Columbus Ave., New Haven

(203) 503-3080

[www.HillHealthCenter.com](http://www.HillHealthCenter.com)