

MAKE A PLAN.....

Where would you like to be a year
from now?



“PCM is the thing that
really, really saves my life”

If you are at high risk to get or
give HIV, we can help you build
the life you really want.



- Your lifestyle may be holding you back from having the life you really want. It may also be exposing you, or those you care about, to HIV, the virus that causes AIDS. Ask yourself the following questions. If you can answer “Yes” to any one, you may qualify for special services called PCM, or Prevention Case Management, that is just for people like you.



WHAT IS PREVENTION CASE MANAGEMENT?

PCM is a client-centered HIV Prevention activity with the fundamental goal of promoting the adoption of HIV risk-reduction behaviors by clients with multiple, complex problems and risk-reduction needs.



- Do you ever have sex without a condom?
- Do you ever have sex just to feel close to someone for awhile?
- Has your use of drugs or alcohol ever made you forget to use condoms or simply not care?
- Do you ever exchange sex for drugs, or food, or a place to sleep?
- Do you ever “bareback”?
- Do you ever share needles or other equipment for injecting drugs?



- Have you ever gotten a tattoo with a needle that wasn't sterile?
- Do you have a sexual partner who has or may have HIV?
- Are you in the sex trade?
- Are you HIV positive now?



HAVE A LIFE!

WE CAN HELP.



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REFERRALS AVAILABLE FOR:

- EMPLOYMENT
- SUBSTANCE ABUSE EDUCATION
- FOOD/CLOTHING
- CONTINUING EDUCATION
COUNSELING
- HEALTH/BEAUTY
- FINANCIAL

